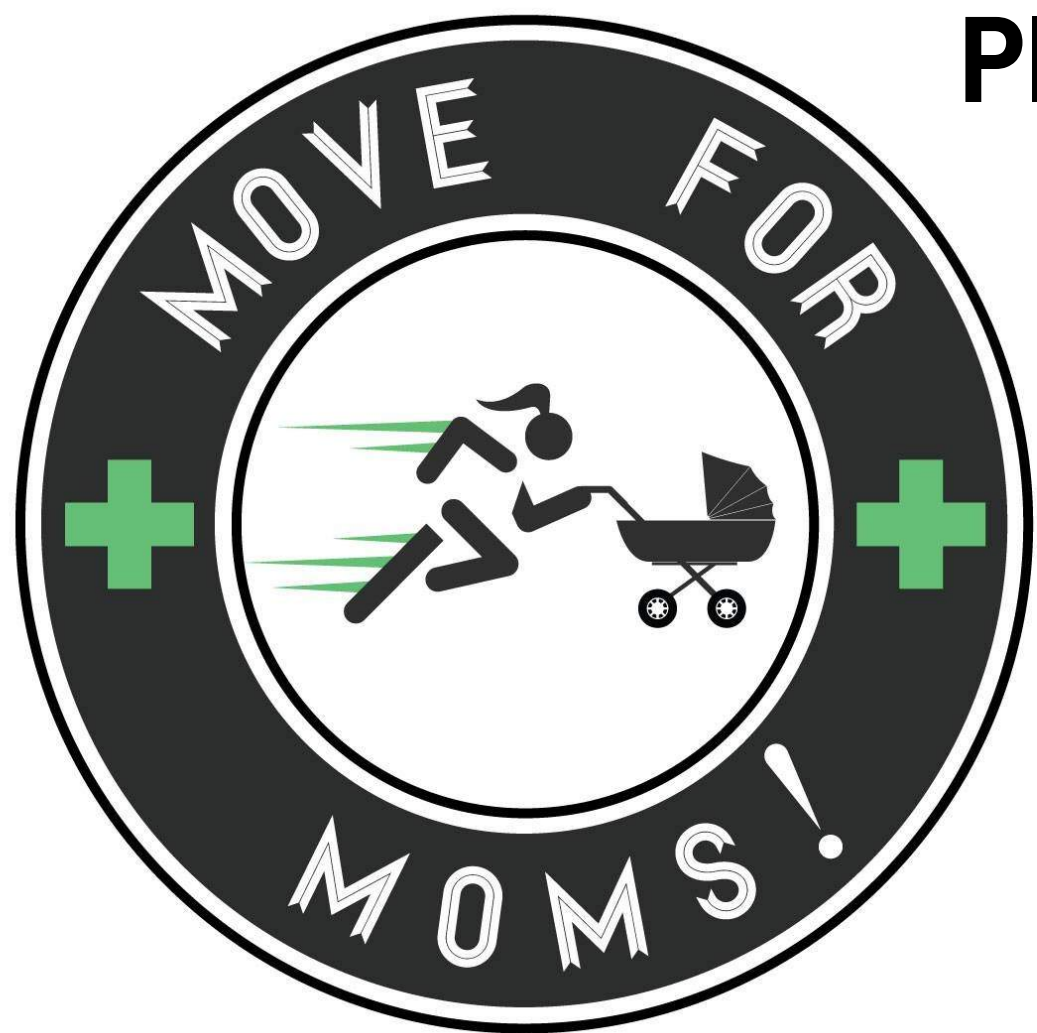


MOVE FOR MOMS!

5K/1K FUN RUN & STROLLERTHON

SUNDAY, NOVEMBER 2, 2014



PIEDMONT PARK, ATLANTA

10:00AM - 1:00PM

- ◆ PROMOTE MATERNAL MENTAL HEALTH
- ◆ INVITE YOUR FAMILY & FRIENDS
- ◆ STROLLER DECORATING CONTEST

TREATMENT IS POSSIBLE. RECOVERY IS REAL.

An estimated 10-15% of childbearing women suffer from maternal mental illness. PMADs (Perinatal Mood and Anxiety Disorders) are the number one complication of childbirth in the United States. Our goal is to increase awareness, identification, treatment and support of PMADs in Georgia, while also reducing the stigma surrounding these disorders, thereby increasing the likelihood of seeking treatment.



TO REGISTER AND GET MORE INFORMATION:

www.moveformoms.com



OR CONTACT JANELLE PETAK AT JANELLE@MHAGEORGIA.ORG

